

Old Moatsville Bridge

The Bridge

Volume 1, Issue 8

May, 2010



Important Dates

May 10	Bd. of Education Mtg. 6:30 pm, BOE Office
May 11	Election Day: No School
May 13	County Art Show: 7:00 pm; A-B College
May 17-21	2010 WESTEST; Grades 3 through 11
May 24	Bd. of Education Mtg. 6:30 pm, BOE Office
May 26	Scheduled two-hour delay for students
May 28	PBHS Commencement: 6:00 p.m. Fairgrounds
May 31	Memorial Day: No School
June 7	Last Instructional Day for Students
June 8	Final ISE Day
June 9	Preparation Day: Closing of Schools

Dear Colleagues,

Transition seems to be the word of the month! The WESTEST cycle is occurring once again. The natural shift between spring and summer is occurring all around us. Students will soon be promoted from their classes and move on to the next level, while the Philip Barbour Class of 2010 enters adulthood. We have employees who are retiring, and are in the process of hiring new personnel for next year. We welcome a new board of education, as we do every two years. And, as you know, I will be transitioning from Superintendent of Barbour County Schools to Superintendent of Grant County Schools.

Change is a natural part of growth and progress. As I look out of my office window and view our lovely Tygart River, it reminds me that flowing water is full of life and beauty. It is only when it becomes stagnant that it loses those qualities. The river's vitality comes from its many inlets and outlets, keeping it fresh and propelling it forward, allowing it to fulfill its natural purpose. My joining you three and a half years ago and now my leaving has given me the privilege of being an integral part of the flow of change in our county's educational system. That process will and must always continue.

I look forward to hearing great things about Barbour County Schools in the future. And to all of you, please accept my best wishes and gratitude one last time.

* **New Edline Program Provides PBHS and Parents With 24/7 Communication** *

A new communication tool at Philip Barbour High School has linked parents to all aspects of their student's progress. The Edline program was made possible through a GEAR-UP grant and became fully functional during the second semester. All teachers at the complex now keep

their grade books in Edline, so that parents can view their child's status in real time 24 hours per day, seven days per week. By using a personal access code, provided in January, parents can use any Internet-linked computer to look over



their student's grades, assignments and homework. They can also use the e-mail feature to directly communicate with each instructor. Edline also allows teachers to post their syllabi and create personalized classroom websites. The program may be expanded to other schools in the future.



Do Your Best on the Test!

Tips and Techniques

When students ask why it is so important to give a good effort on the WESTEST II (or any other standardized instrument), here are some reasons and/or discussion starters...

- *It is generally good practice to always give your best effort on anything you do. It becomes ingrained and a part of your character, and others will notice.*
- *While it is true that the WESTEST results will not affect your classroom grades, report card or promotion status, these scores become part of your official school records and, as such, will be available to future schools and employers.*
- *In addition to the importance of your individual scores, the overall grade level and school scores will be used to compare our school with other schools around the county, state and nation. We want to show how sharp our students are! The results will also be used by the school staff to improve the curriculum as it analyzes strengths and weaknesses.*

Note: The teacher's attitude toward the testing process is critical because students are by nature intuitive. Also, be aware of the fine line between preparation and over-preparation. There exists a point of diminishing returns where students may become overwhelmed by the whole process and begin tuning out.

Before the Test:

- *Get a full night of rest before each of the testing dates so that you are fresh and alert the following mornings. Test sessions are usually limited to the morning hours to avoid fatigue and burnout.*
- *Eat a good breakfast either at school or at home to provide fuel for the day's activities.*
- *Dress comfortably so that you are not distracted by clothing too warm, not warm enough, too tight, etc.*
- *When feeling nervous before the test, close your eyes and take several slow, deep breaths; spend a few moments completely relaxing your mind as necessary.*
- *Do not try to study for the WESTEST. Think of it as a non-threatening opportunity to show what you've learned over the past several years.*

General Test-Taking Tips:

- *As the test begins, quickly scan all of the questions in the section. This will help you to see what the test covers and how many questions you will need to answer.*

- *The WESTEST is untimed. Don't agonize over any one question. Work at a comfortable pace, marking any items that you need to return to, and use available time at the end of each section to review your answers.*

- *Answer all questions. All multiple-choice items are weighted equally. You are not penalized for incorrect responses. Your score will be determined by the number of answers that are correct. Do not leave any answers blank.*

- *All tests have some hard questions. Don't skip them. It's much better to take a good guess. Use the process of elimination to reduce the number of choices and then make your best guess.*

- *Read all directions through twice. Never begin to answer questions before reading all directions.*

- *Mark the multiple-choice answers by filling in the circle completely with a dark pencil mark. If a mistake is made, erase it thoroughly and then fill in the new answer circle.*

- *Stop at the STOP sign or the end of the test section or when time is up. If time remains, use it to go back and work on any questions that were skipped or marked for review. Make sure that an answer has been bubbled for every item. You may then begin a quiet activity at your desk (e.g. reading a book, working a puzzle, etc.) until the rest of the class is finished.*

- *Look for key words that tell what kind of computation is needed in mathematics sections; for example, less than, greatest, between, nearest, least and so on.*

- *Use the provided scratch paper for mathematics calculations or notations.*

- *Try out all answer choices until finding one that is correct. Sometimes the correct answer is not given. Then follow the directions for marking the none of the above choice. Similarly, sometimes the first three answers are all correct. Then mark all of the above as your choice.*

- *Watch carefully for negative words in directions, such as NOT or OPPOSITE. These words tell exactly which answer to look for. Such key words often appear in bold or italic type or all capital letters.*



WESTEST II

Assessment Schedule					
2010 - 2011 School Year: Created 02 April 2010					
	Monday	Tuesday	Wednesday	Thursday	Friday
Aug. 16-20	P	CE	CE		
Aug. 23-27					
Aug. 30-Sept. 3					
Sept. 6-10	Labor Day	DIBELS K-6 AIMS WEB 7-8			
Sept. 13-17	DIBELS K-6 AIMS WEB 7-8				
Sept. 20-24	DIBELS K-6 AIMS WEB 7-8				
Sept. 27-Oct.1	DATA SETS COMPLETE BY 9/29: Elementary/Middle				
Oct. 4-8	WRITING BENCHMARK 1				
Oct. 11-15	WRITING BENCHMARK 1				
Oct. 18-22					
Oct. 25-29	ACT EXPLORE AND PLAN: GRADE 8 AND 10				
Nov. 1-5		Election			
Nov. 8-12	BENCHMARK 1: RLA/MATH				
Nov. 15-19		PLCS	PLCS	PLCS	PLCS
Nov. 22-26	THANKSGIVING				
Nov. 29-Dec. 3	WRITING BENCHMARK 2 WORK KEYS GRADE 12				
Dec. 6-10	WRITING BENCHMARK 2 WORK KEYS GRADE 12				
Dec. 13-17					
Dec. 20-24			CHRISTMAS		
Dec 27-31	CHRISTMAS				
Jan. 3-7	WRITING BENCHMARK 3 EOCTST 9-12				
Jan. 10-14	WRITING BENCHMARK 3 EOCTST 9-12				
Jan. 17-21	DIBELS K-6 AIMS WEB 7-8				
Jan. 24-28	DIBELS K-6 AIMS WEB 7-8				
Jan. 31-Feb. 4	DATA SETS COMPLETE BY 2/02: Elementary/Middle				
Feb. 7-11	BENCHMARK 2: RLA/MATH				
Feb. 14-18	PLCS WRITING BENCHMARK 4				
Feb. 21-25	WRITING BENCHMARK 4				
Feb. 28-Mar. 4	WESTEST2 WRITING 6-8 WORK KEYS GRADE 12				
Mar. 7-11	WESTEST2 WRITING 6-8 WORK KEYS GRADE 12				
Mar. 14-18	WESTEST2 WRITING 6-8				
Mar. 21-25	WESTEST2 WRITING 9-11				
Mar. 28-Apr.1	WESTEST2 WRITING 9-11 WESTELL GRADES K-12				
Apr. 4-8	WESTEST2 WRITING 9-11 WESTELL GRADES K-12 BENCHMARK 3 RLA/MATH				
Apr. 11-15	WESTEST2 WRITING 3-5 WESTELL GRADES K-12 PLCS				
Apr. 18-22	WESTEST2 WRITING 3-5 WESTELL GRADES K-12				SPRING BREAK
Apr. 25-29	SPRING BREAK				
May 2-6	AP (Advanced Placement 9-12 EOCTST 9-12				
May 9-13	DIBELS K-6 AIMS Web 7-8 AP (Advanced Placement 9-12 EOCTST 9-12				
May 16-20	WESTEST 2 GRADES 3-11 DIBELS K-2				
May 23-27	WESTEST 2 GRADES 3-11 DIBELS 3-6 AIMS WEB 7-8				
May 30-June 3	MEMORIAL DAY	IS	OS	OS	CE
June 6-7	TP	p			

NAEP (National Assessment of Educational Progress: Grades 4-8-12, 1/24 - 3/4 2011.
 Tech Steps: Grade 8 September 2010-April 2011 Six Modules to be completed.
 Golden Horseshoe (Grade 8) 4/6-15: Tech Steps (Grade 8) 9/04 - 4/30; WESTELL (K - 12) 3/29 - 4/30
 High Schools That Work (Grade 12) Not Tested; HEAP Health Ass. (Grades 6, 8 or 9 - 12) On-going
 APTA (RLA AND Math: Grades 3-8 & 11 / Science: Grades 4, 6 & 11) 4/25 - 5/6
 ACT: 9/11, 10/23, 12/11, 212, 4/9, 6/11 FitnessGram - Physical fitness Assessment: Grades 4-12 On-Going
 SAT: 10/9, 11/6, 12/4, 1/22, 3/12, 5/7, 6/4; PSAT (Grades 9-11): (Interested Students Only) Oct 13&16

2010 Philip Barbour H. S. Commencement Set For Fairgrounds on May 28th

Approximately 160 members of the Class of 2010 at Philip Barbour High School will cross the stage and be awarded their diplomas in ceremonies at the Barbour County Fairgrounds on Friday, May 28. The 46th graduating class will be represented by valedictorian, Brianna Stalnaker, and salutatorian, Jacob Sandridge, during the commencement exercises, which will begin at 6:00 p.m. All school personnel are cordially invited to attend the event, as well as the Baccalaureate Service, which will be held at 6 p.m. on Wednesday, May 26, at Wilcox Chapel on the campus of Alderson-Broaddus College.



County Art Merit Award Winners Named

The 2010 Barbour County Art Show awards ceremony was held on the evening of Thursday, May 13, at Alderson-Broaddus College, with all nine schools represented by student artists, parents, teachers and administrators. The annual celebration, along with the Spring All-County Concert, allows the school system to emphasize the importance of fine arts in the curriculum.

Students earning the prestigious Merit Awards during the event were: Daniel Foster and Autumn McClung (Belington Elementary); Chris Brady (Junior Elementary); Whitney Moore (Mt. Vernon Elementary); Alyssa Griffith, Laney Seech and Makayla Plymale (Philippi Elementary); John Young and Cody Mason (Volga-Century Elementary); Kaitlyn Marsh, Jama Marshall, Kaylee Freeman and Bryce McGee (Kasson Elementary-Middle); Jesse Miller (Belington Middle); Morgan Stout, Cole Beam and Micah Shahan (Philippi Middle); and Nathan Findley, Ethan Bolton, Shane Wagner, Sam Gain, Hunter Johnson, Christopher McCauley, Jacob Sandridge and Chelsea Wright (Philip Barbour H.S.).



“Explorations” Camp to Provide Summer Fun and Enrichment for Middle School Students

Barbour County Schools has been awarded a grant through the WV After School Network for supplemental funding to establish a summer enrichment camp for students in grades 6-8 throughout the district. Entitled “Wild and Wonderful Explorations,” the three-week camp (June 10-30) at the high school complex will immerse its young participants in daily topical lessons, presentations, group activities and field trips designed to address specific identified academic and cultural needs within the county’s middle school population.

To generate increased student interest and participation, the camp will augment the daily activities with special presentations by partnering with community resource organizations and with weekly field trip explorations. Two of the field trips, about four hours apiece, will take place within the county, emphasizing local culture and heritage, while the final outing will feature a 16-hour culminating trip to the New River Gorge, the Exhibition Coal Mine and town in Beckley, and attendance at a Theater West Virginia performance at Grandview amphitheater.



The concentrated three-week camp will focus on the enhancement of student experiences in such deficit areas as: culture and the arts, technology, problem-solving (higher level thinking) and Mountaineer heritage and pride. Middle school students and staff members will receive explanatory brochures and applications for the camp in mid-May.

— Odds 'N' Ends —

➤ Good News! The Barbour County Board of Education has unanimously approved the addition of vision insurance for all regular employees and their families. Watch for the related enrollment forms in coming days. This benefit is in addition to the Delta dental insurance plan, which continues in 2010-11. Those who are currently part of the dental plan do not need to complete any further paperwork to remain enrolled.



➤ Finance Office Bulletin: PEIA has hired Healthcare Data Management, Inc. to determine if dependents listed on health insurance plans are eligible for coverage. To prove eligibility employees will be required to provide copies of specific legal documentation. It is extremely important that you provide the required documentation by the stated deadline in early June. Failure to comply in a timely manner could result in the loss of health insurance benefits for your family members. The notification and forms from Healthcare Data should have been received within the past few days. If you need assistance please contact the Finance Office at (304) 457-3030.

➤ This summer, Philip Barbour High School will be giving students a chance to “catch up” in subject areas where they’ve fallen behind. The technology-based credit recovery program is scheduled for June 10-30 and will feature intensive daily sessions under the guidance of certified staff members. The self-directed Odyssey software program will form the foundation for the CSO-correlated curricula in the areas of language arts, mathematics, science and social studies.

PMS Emphasizes Physical Fitness During Recent Open House

The staff and students at Philippi Middle School recently hosted an Open House to promote the benefits of regular physical activity as part of its ongoing HEATT program. The programs occurred on March 16-17 at the school, with one session dedicated to sixth grade health/science students and the second presented to PMS athletes, parents and school staff members.

The programs were coordinated by Philippi Middle teacher and coach, Nick Mayle, who provided audiences with information on the use and benefits of physical fitness and weight training equipment. Bulldog student-athletes demonstrated proper techniques and safety procedures on the machines during the presentation. At the conclusion of each session, nutritional refreshments were served to all in attendance.

HEATT (Healthy Eating and Activity Teams and Tactics) grants, sponsored by the U.S. Department of Agriculture, were awarded last year to 31 schools across West Virginia, including Philippi Middle, Belington Elementary and Philip Barbour High School in Barbour County. Among the grant program’s goals are: providing training and support for multidisciplinary teams and foodservice staffs; organizing school-based activities that empower students to make healthy choices; creating parent/school newsletters; and providing resources for all participating schools to feature healthy and nutritious school activities.



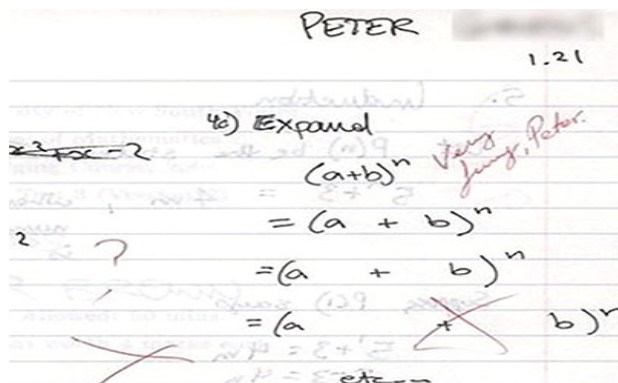
PMS students provided information about the benefits of regularly using fitness equipment, while demonstrating safety procedures, during the Project HEATT Open House in March.

School Calendar Update:

One minor change to Barbour County's 2010-11 school calendar has been made at the request of the West Virginia Department of Education. It involves moving the final ISE day of the year from May 31 to June 2. Otherwise, the previously released edition of the calendar remains accurate and complete.

2010-2011																																						
Barbour County Schools																																						
NOTE: All detail must be completed month by month.	Monday	Tuesday	Wednesday	Thursday	Friday	Monday	Tuesday	Wednesday	Thursday	Friday	Monday	Tuesday	Wednesday	Thursday	Friday	Monday	Tuesday	Wednesday	Thursday	Friday	Monday	Tuesday	Wednesday	Thursday	Friday	Monday	Tuesday	Wednesday	Thursday	Friday	Instructional Days	Compensated	Net Taught Days	Total Employment Days				
	First Month	P 16	CE 17	CE 18	19	20	23	24	25	26	27	30	31	Sep 1	2	3	H 6	7	8	9	10																16	4
Second Month	13	14	15	16	17	20	21	22	23	24	27	28	29	30	Oct 1	4	5	6	7	8																20	0	20
Third Month	11	12	IS 13	14	15	18	19	20	21	22	25	26	27	28	29	Nov 1	2	3	4	5																19	1	20
Fourth Month	8	9	10	H 11	12	15	16	17	18	19	** 22	** 23	** 24	H 25	** 26	29	30	1	2	3	6	7	8	9												18	2	20
Fifth Month					10	13	14	IS 15	16	17	20	21	** 22	** 23	H 24	** 27	** 28	** 29	** 30	H 31	Jan 3	4	5	6	7	10	11	12	13	14						18	2	20
Sixth Month	H 17	18	19	20	21	24	25	26	27	28	31	Feb 1	2	3	4	7	8	9	IS 10	11																19	1	20
Seventh Month	14	15	16	17	18	21	22	23	24	25	28	1	2	3	4	7	8	9	10	11																20	0	20
Eighth Month	14	15	16	17	18	21	22	23	24	25	** 28	** 29	OS 30	OS 31	OS 1	4	5	6	7	8																20	0	20
Ninth Month	11	12	IS 13	14	15	18	19	20	21	22	** 25	** 26	OS 27	OS 28	OS 29	May 2	3	4	5	6	9	10														16	4	20
Tenth Month			11	12	13	WE 16	ST 17	TEST 18	19	20	23	24	25	26	27	H 30	OS 31	IS 1	CE 2	TP 3	P 6	7														14	6	20
First and Last Dates	Holidays (Dates of Observation) (West Virginia Code §18A-5-2)														Totals																							
8-16-10 First Day employment term	September 6, Labor Day November 2, General Election November 11, Veteran's Day November 25, Thanksgiving Day December 24, Christmas Day December 31, New Year's Day January 17, Martin Luther King Jr's Birthday May 30, Memorial Day														180																							
8-19-10 First day instructional term	Levy Election Bond Election														20																							
5-31-11 Last day instructional term															200																							
6-7-11 Last day employment term																																						
Noninstructional Days:														Instructional Support and Enhancement Days																								
CD 2 Curriculum Development														IS 5 Instructional Support and Enhancement Days																								
P 2 Preparation for Opening/Closing Schools																																						
CE 3 Continuing Professional Development																																						
TP 1 Teacher-Pupil-Parent Conference																																						
OS 6 Outside School Environment														Out-of-Calendar (Non-paid) Days:																								
SE Special or Bond Levy Election														** 12 Out-of-Calendar Days																								
E 1 Primary/General Election																																						
H 7 Holidays																																						
20 Total Noninstructional Days																																						
MAXIMUM INCLUSIVE DATES (West Virginia Code §18-5-45)																																						
Employment Term (200 Days) - August 21, 2009 to June 9, 2010														March 19, 2010																								
Instructional Term (180 Days) - August 26, 2009 to June 8, 2010														Date																								
														DeEdra Lundeen, Ed.D.																								
														Name of County Superintendent																								

More Actual Student Test Responses!



2. A 3-kg object is released from rest at a height of 5m on a curved frictionless ramp. At the foot of the ramp is a spring of force constant $k = 100 \text{ N/m}$. The object slides down the ramp and into the spring, compressing it a distance x before coming to rest.

10 (a) Find x .
5 (b) Does the object continue to move after it comes to rest? If yes, how high will it go up the slope before it comes to rest?

$U = 3(9.8)(5) = 147.15$
 $U_s = \frac{1}{2}(100)x^2 = 50x^2 \dots?$
 No, there is an elephant in the way.